

# Skirlaugh Parish Council Enrichment Workshops

Would this be of interest to our community?

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Ideas that have been suggested are:

## Arts & Crafts

- Seasonal Crafting
- Learn how to crochet

## Health & Wellbeing

- Mental Health Awareness
- Let's Talk / Men In

Sheds

## First Aid

- Learn Basic First Aid
- Learn how to use Defib

Skirlaugh Parish Council would like to ask you for your feedback, thoughts, suggestions and ideas. Why not learn a new skill or make new friendships within your community.

Please email your ideas to: [clerk@skirlaughparishcouncil.gov.uk](mailto:clerk@skirlaughparishcouncil.gov.uk)